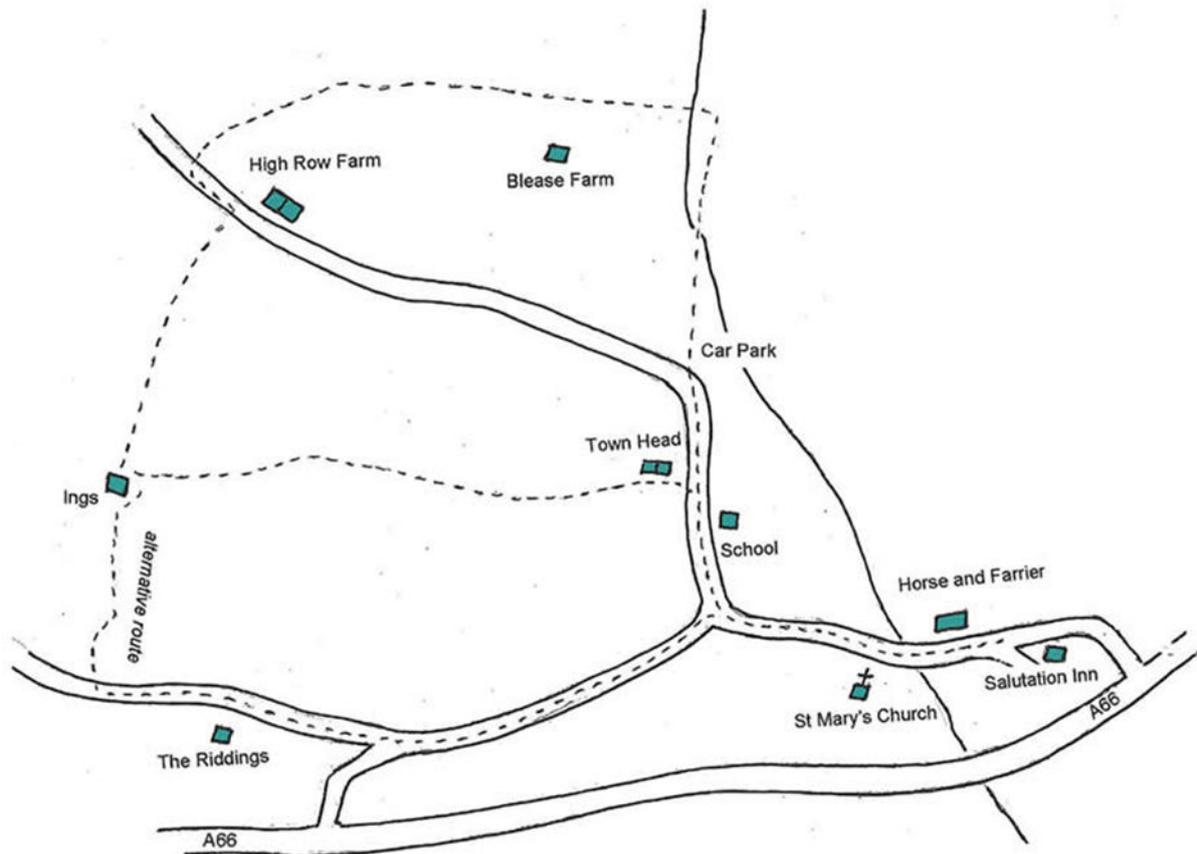


## WALK 1: Fellside and farmland (Easy, 40mins)

N ↑  
NOT TO SCALE



This is an easy stroll, taking about 40 minutes, with long views down St John's in the Vale, Catbells and Derwentwater prominent in the west. It is mainly on tracks through woods and fields, with sections on tarmac road.

Turn right outside the Horse and Farrier/left outside the Salutation. Walk through the village towards Keswick, passing St Mary's Church; then turn right up Bleuse Road (signposted to the Blencathra Centre).

Walk up Bleuse Road. Threlkeld School is on the right hand side. About three hundred metres up Bleuse Road there is a car park on the right. Take the path leaving the top of the car park.

This is an attractive footpath through a small wood, beside a series of waterfalls. It is quite steep in places, but there are some wooden steps and a footbridge where you have to cross the beck.

At the top of this woodland path, go through the gate by a stone sheepfold. Turn left (west), crossing the beck, and make your way along a path on the top side of the fell wall above Bleuse Farm and High Row Farm (behind some trees).

Stick close to the wall on your left when you go through a gate above Blease Farm; don't be tempted by a distinct track going up to your right (this goes up Blease Fell and Blencathra). There are glorious views (weather permitting) to the south and the west. Follow the wall until you reach the point where it drops down the hill to your left and the path drops down to meet the tarmac road by a gate.

Go left along the road for about 150 metres. Immediately before you reach the row of cottages on your left, turn right to follow a footpath sign into the field. This footpath sign is not immediately visible from the road but if you go to the wall on the right hand side of the road just before the cottages, you will see it.

(An alternative shorter option at this point, especially when it is wet, is simply to carry on down the road back into the village).

Make your way down along an intermittent path, crossing a stile and keeping to the right of small group of trees, until you reach the back of a large house (Ings). There is a path, not very distinct, which is parallel to the fence at the back of the house.

Turn left (east) along this unsigned path and go through the gate in the corner of the field. This path continues across the fields, with several stiles and gates, until you reach a gate by some cottages (Town Head). Go through the gate and few yards further brings you back to Blease Road just below the car park.

Turn right down Blease Road and back into Threlkeld village.

A slightly longer alternative when reaching Ings is to pass through the gate in the fence at the back of the house and continue straight on down the drive/track for about two hundred metres. This comes out onto a road. Turn left down this road, past a large old farm building on the right (The Riddings). This joins the main road through the village at the Keswick end, so just walk back to where you started from.